

Spring 2010

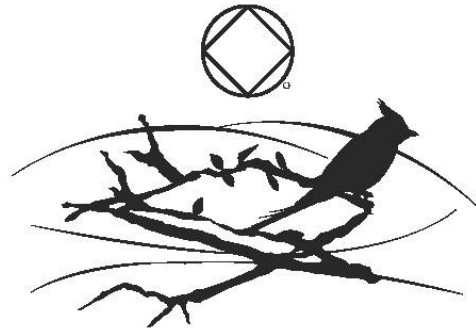
FRIDAY, June 4th — SUNDAY, June 6th

SAN FRANCISCO AREA OF NARCOTICS ANONYMOUS

11TH STEP SPIRITUAL RETREAT

Camp Cazadero, Sonoma County, Cazadero, California

11th Step
Spiritual Retreat



We sought through prayer and meditation to improve our conscious contact.....

WORKSHOPS MEETINGS MEDITATION FELLOWSHIP SUPPORT
RECOVERY

The 11th Step Spiritual Retreat Subcommittee “exists in order to plan and produce a bi-annual retreat, spiritual in nature, for recovering addicts. The retreats are held outside of San Francisco, in an environment conducive to peace and serenity (normally in a retreat-type facility) – which affords the addict in recovery time away from the rigors of urban life, and the chance to focus on fellowship, prayer, and meditation. Various activities are planned which include, but are not exclusive to – workshops, meetings, art/creativity projects, and fun and games”.

Excerpt from the 11th Step Spiritual Retreat Subcommittee Guidelines

REGISTRATION INCLUDES: 4 prepared meals, 2 nights cabin accommodations, workshops, events, crafts, swimming, hiking, activities, etc.

All meals are included **EXCEPT THE FRIDAY NIGHT BARBEQUE/POTLUCK BRING YOUR OWN MEAT/FISH/VEGGIE DISH TO GRILL AND A SIDE DISH**

There are a limited number of scholarships available. These are awarded on a “first come, first served” basis. Scholarship requests must include the required pre-registration payment of \$70. Scholarships will not be available on site and are non-transferable. Requests for any registration refund must be received by May 16, 2010. Registration questions? Call Laurie L. @ 415/867-1978 or email lauriel@att.net

On-site registration begins at 3:00 p.m. Friday afternoon. . All are welcome and encouraged to bring a spiritual item reflecting your spirit to join those of others on the prayer wall

Sponsored by the 11th Step Spiritual Retreat Subcommittee of the SFASC.

NARCOTICS ANONYMOUS is a spiritual, not a religious program.

All are welcome regardless of religion or lack of religion.

Here are Directions to Camp Cazadero.
 Drive Safely! From SF/Peninsula: Cross the Golden Gate Bridge North on Highway 101 Exit 4 miles north of Santa Rosa at River Road and turn left over freeway. Follow River Rd through Fulton, Guerneville (where it becomes 116). Continue through Monte Rio. Turn right 3.1 miles beyond Monte Rio onto Cazadero Hwy. Proceed 6.3 miles to the town of Cazadero. 1 mile past the center of Cazadero, take the right fork onto King Ridge Rd (UCC Camp sign posted here)



Website at <http://www.uccr.org/cazadero.htm>
 available at <http://www.sfn.org>
 registration form and general information.

Variety/Talent Show: Perform a monologue, skit, music, improvisation routine, poetry reading...or whatever you like. Interested? Call Riki Rivers. 415-341-1900
naart@astound.net

Need a ride or can provide a ride? Call Steve B. 415-793-1821

Have speaker requests, workshop ideas, or suggestions? Call Kevin B. 415-398-4600
[email illadrobici@yahoo.com](mailto:illadrobici@yahoo.com)

Have general questions or need more info? Call Kim L. 415-810-2594

REMEMBER TO BRING PILLOW; BEDDING OR SLEEPING BAG; TOWELS; PERSONAL TOILETRIES; SWIMSUIT; CLOTHING FOR WARM, COLD, AND WET WEATHER; FLASHLIGHT; SUN BLOCK; INSECT REPELLENT; EAR PLUGS; TRAVEL MUG; AND SOMETHING TO EAT FOR FRIDAY NIGHT'S BARBECUE

Don't forget your favorite snacks to munch on between meals!

✂ Please detach your completed registration form here and return this portion with your payment. *✂*

PRE-REGISTRATION MUST BE RECEIVED BY 05/10/2009

| | | | |
|-----------------|---|------------------------------|-----------------------------|
| Yes / No | Do you need a scholarship? | Regular | \$140.00 x _____ = \$ _____ |
| Yes / No | Do you need a ride? | With Scholarship | \$ 70.00 x _____ = \$ _____ |
| Yes / No | Are you able to provide a ride for other addicts? | Scholarship Fund Donation | = \$ _____ |
| | | TOTAL Amount Enclosed | = \$ _____ |

Please make sure that you have read and understand the scholarship guidelines detailed on flyer front.

Name (s) _____
 Address _____
 City, State, Zip _____
 Phone _____
 E-Mail _____
 Special Needs (please explain) _____

MAKE CHECKS PAYABLE TO:
11TH Step Spiritual Retreat
 On-site registration is \$150.00 (cash only)