

Problem		Solution	Recovery Plan
Benjamin Rush Disease	1785	Benjamin Rush Total Abstinence	Benjamin Rush None
Temperance Mvmt Drinking & Social Prob.	1813	Temperance Mvmt Temper the Drinker	Temperance Mvmt None
Lyman Beecher Sin & Weakness	1826	Lyman Beecher Total Abstinence	Lyman Beecher None
Washingtonians Moral Problem	1840	Washingtonians Total Abstinence	Washingtonians Fellowship
Emmanuel Movement Psychological	1900	Emmanuel Movement Spiritual Exp.	Emanuel Movement None
Oxford Groups Sin	1928	Oxford Groups Spiritual Exp.	Oxford Groups Fellowship & 6 Step Program
Dr Silkworth Disease	1935	Dr. Silkworth Psychic Change	Dr. Silkworth None
Dr. Carl Jung No Opinion	1930	Dr. Carl Jung Spiritual Exp. Produces Psychic Change	Dr. Carl Jung Suggested the Oxford Group
		A.A. Bill Wilson	
Step One Disease		Step Two Spiritual Exp.	Remaining Ten Steps of Recovery