

Daily Inventory

(STEP 10, PAGE 88 IN 12 & 12)

WHEN WE RETIRE AT NIGHT,

WE CONSTRUCTIVELY REVIEW OUR DAY.

WERE WE RESENTFUL, SELFISH, DISHONEST OR AFRAID?

<u>LIABILITIES</u>		<u>ASSETS</u>	
Anger			Calm
Criticizing			Look for the good
Dishonesty			Honesty
Doubt			Faith
Envy			Grateful
False pride			Simplicity
Frightened			Courage
Gluttony			Moderation
Greedy			Giving or sharing
Harmful acts			Good deeds
Hate			Love
Impatient			Patience
Inconsiderate			Considerate
Insincerity			Straightforwardness
Intolerant			Tolerance
Laziness			Activity
Lustful			Love—concern for others
Negative thinking			Positive thinking
Pride			Humility
Procrastination			Promptness
Resentment			Forgiveness
Selfish and self-seeking			Interest in others
Self-condemnation			Self-forgiveness
Self-importance			Modesty
Self-justification			Humility—seeking God's will
Self-pity			Self-forgetfulness
Stingy			Generosity
Sloth			Take action
Suspicious			Trust
Vulgar, immoral, trashy thinking			High-minded, spiritual clean thinking

GOD GRANT ME THE SERENITY TO ACCEPT THE THINGS I CANNOT CHANGE,
 THE COURAGE TO CHANGE THE THINGS I CAN,
 AND THE WISDOM TO KNOW THE DIFFERENCE.